

A Report on the 153rd Birth Anniversary Celebration of Swami Vivekananda (12th January, 2016)



Swami Vivekananda

Swami Vivekananda (January 12, 1863 - July 4, 1902), whose real name was Narendranath Dutta, played a major role in the spiritual enlightenment of the Indian masses of his time and spread the Vedanta philosophy in the West. He established Ramakrishna Mission for the service of the poor in India. To honour and remember his contributions, the National Youth Day is celebrated every year on January 12 since 1985.

Swami Vivekananda's most inspiring quotes:

- "Relationships are more important than life, but it is important for those relationships to have life in them."
- "Like me or hate me, both are in my favour. If you like me I am in your heart, if you hate me I am in your mind."
- "Fill the brain with high thoughts, highest ideals, place them day and night before you, and out of that will come great work."
- "Don't forget them who helped you. Don't hate them who loved you. Don't cheat them who believed in you."
- "Anything that makes you weak physically, intellectually and spiritually, reject as poison."

Banner and Backdrop at the event

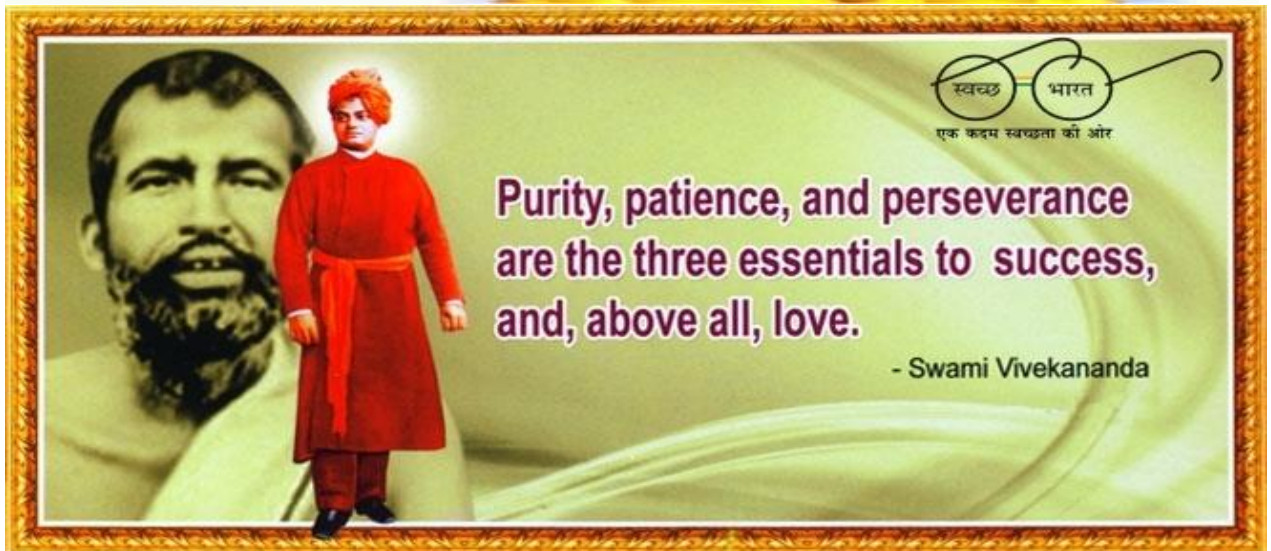
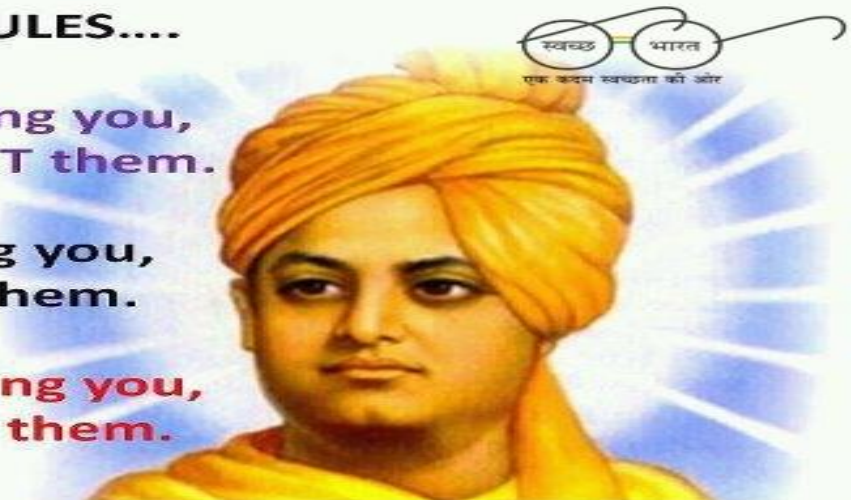


3 GOLDEN RULES....

**Who is helping you,
Don't FORGET them.**

**Who is loving you,
Don't HATE them.**

**Who is trusting you,
Don't CHEAT them.**



A Report on Swami Vivekananda's Birth Anniversary Celebration

Surajmal Memorial Education Society organized a special lecture on the occasion of **Swami Vivekananda's 153rd birth anniversary** on Tuesday, 12th January, 2016. Every year this day is celebrated as National Youth day.

The Chief Guest of the function was, **Dr. Puneet Agarwal, Head, Department of Neurology, Max Hospital, Saket**. He was welcomed by presenting a bouquet by Prof. Poonam Bansal, Director, and MSIT. The guest speaker **Mr. Siddharth Panwar, Research Associates IIT Delhi**, was welcomed by presenting a bouquet by Prof. Rajesh Kumar Tyagi.



Dignitaries on the Dias

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The inaugural ceremony commenced with the lighting of lamp by a group of dignitaries including Chief guest Dr. Puneet Agarwal; Guest speaker Mr. Siddharth Panwar; Sh. S.P. Singh Ji , President SMES; Sh. Kaptan Singh, Vice-president SMES; Prof. B.S. Panwar, Director General SMES; Prof Ashok Oberoi, Director Placement; Prof. Poonam Bansal ,Director MSIT and Prof. Rajesh Kumar Tyagi, Director MSI.



Lamp Lightning Ceremony

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Sh. S. P. Singh, President SMES delivered the welcome address and threw light on the life of Swami Vivekananda. Giving reference of world famous Chicago conference, he said that Vivekananda's was the only saint who is perceived as Vishwaguru. Vivekananda addressed the Chicago conference with such humble words, "My sisters and brothers of America", that it touched the soul of all present there in Chicago. Vivekananda's philosophy of life was taken as a path to service of humanity.

Prof. B S Panwar, Director General, SMES, addressed the gathering and inspired the students and faculty audience to learn from the life of Swami Vivekananda. He very enthusiastically connected with the youngsters and faculty mentors to channelise their potential in an energetic and positive manner.



Welcome Address by Hon'ble Chairman

Prof. B. S. Panwar delivering his speech

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The Chief Guest of the function, **Dr. Puneet Agarwal, Head, Department of Neurology, Max Hospital, Saket** elaborated on the philosophy of Vedanta. He beautifully presented the relationship of science and Vivekananda's teachings, connecting it to the subject of physics that the world is made up of energy. Energy exists in internal and external forms. While discussing the philosophy of Vedanta he said, "Each soul is potentially divine". The goal of human life is to manifest this divinity within by exercising control on external and internal nature. This manifestation can be realised at the places of work and worship and it would lead towards realisation of spirituality.



Dr. Puneet Agarwal delivering Keynote Address

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Mr. Siddharth Panwar, Research Associate, IIT Delhi, described the life of Vivekananda and the qualities which each human being must strive to possess for the betterment of life. He differentiated between Rajsik and Satvik sukhas and also elaborated upon the goals of education. The goal of education is nurturing of self-control in the human beings. Self-control or the will separates human beings from animals. This self-control can be brought by enlightening through quality education. Education teaches concentration of mind and in later stages of life concentration helps in having self-control. Once you have self-control you will become the master of your will and life. This is the path to satvik sukha and a peaceful life.



Mr. Siddharth Panwar delivering his speech

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Sh. Kaptan Singh, Vice-president SMES further enlightened the gathering and said that Swami Ji brought forward the cultural and civilizational renaissance in the world. He told the gathering that Swami Ji built the confidence among Indians that they can carry forward the rich cultural legacy to the coming generations by simply leading a life following the Indian philosophy of Vedanta.



Address by Hon'ble Vice President

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Sh. Kaptan Singh, Vice-president SMES; Sh. Ajit Singh, Secretary SMES and Prof. Ashok Oberoi, Director Placements expressed their gratitude to the presenters in the form of mementos and gifts. In the end **Prof. Poonam Bansal, Director MSIT**, presented the vote of thanks.



Sh. Ajit Singh Ji and Sh. Kaptan Singh Ji Honouring the Guests



Guests and Dignitaries